

HELLSTROMISM

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— WILL ALMA —
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TO THE READER

In order that you get the most out of Hellstromism, it is the author's request that you FIRST read the entire contents of the works, before trying any of the experiments.

--- THE AUTHOR

FOREWORD

HELLSTROMISM is a coined and copyrighted word by Robert Nelson, and is vaguely defined by its author as being the development and practice of a 'sixth sense' or 'Perception' that enables the operator to divine certain thoughts and commands of others.

HELLSTROMISM IS TRUE mindreading, and in its highly developed stages is definitely divorced from any element of trickery or fraud. It is the writer's sincere conviction that the development of the faculty will lead to the revelation of mysteries and possibilities of the mind that are far beyond our present day conception.

HELLSTROMISM IS NOT NEW! It has been practiced (mostly) in Europe for years, and other parts of the world. Needless to say, it was not known by this name. It was called mindreading, and some of the cruder experiments were plain contact mindreading. In its primary experiments it does not employ perception or a sixth sense, but depends entirely on the correct interpretation of muscular impulses.

HELLSTROMISM as presented to you here stands for more than muscle or contact reading - properly developed, it is a definite link between two minds, each working in harmony with the other! It is true that muscle reading plays an important role in the operation of these sensational experiments, but in its higher phases, muscle reading may be entirely eliminated.

HELLSTROMISM IS AS difficult to concretely define as ELECTRICITY. We know all about electricity - what it can do - how it may be harnessed to do our bidding - its appearance - its odor and the like, yet we cannot actually define electricity. This may be said of Hellstromism. Thus far, a definition has been attempted by only a very few.

HELLSTROMISM - a word itself - what it stands for - is an enigma! Surely, the author has not, as yet defined the mysterious word, and strange to say, further effort here will not be expended. What is more important is that we consider the work itself, and with a clearer and fuller understanding, then maybe we can place our thoughts into words for a suitable explanation.

Axel Vogt was a German soldier, and fought bravely for his Fatherland for the duration of the war. Wounded, battle-scarred many, many times, he carried these marks to his recent grave. He was a mild mannered boy - he didn't want to fight. To kill - but that is another story.

Before the war, Axel was very much interested in magic and mind-reading, but mindreading as we know it in our theatres and halls is not practiced in Germany. It was prohibited! There are no stage mindreaders to answer your questions, to give you advice, good or bad; to sell you horoscope books or private readings after the performance. Only legitimate performances are tolerated! In a quest to satisfy his curiosity and become a mindreader, Vogt turned to the only type of mindreading that was known and practiced extensively in Europe and especially Germany.

Others before him had acquired reputations (founded upon fact) as mindreaders. He soon acquired the secret. Before the war, and a young man, he was a proficient mindreader, and had earned quite a reputation in the Music Halls and theatres. During the war, he fought and read minds (when he was not recuperating in the German war hospitals.)

After the war, Axel Vogt and his good wife came to America. With the only profession he knew, Axel naturally turned to the business of making a living as a 'mindreader'. An unsuccessful venture in the radio business convinced him that his fortune was in his acquired profession, and not American business ventures!

Axel Vogt, the Mindreader! No - HELLSTROM the mindreader! That sounded better. It WAS better. Very rapidly, he acquired a tremendous reputation in America as a mindreader. He stood in a class by himself, and first came to the attention of the magic-minded public at the First Lima, Ohio I.B.M. Convention, in 1928. He fooled magician and layman alike. Nothing like this had been seen before. Thurston was bewildered! Others were equally amazed. His uncanny work became the topic of conversation. He was offered huge sums of money to divulge the secret, yet he refused, knowing that this, his apparent exclusive ability, was his ticket to fame and fortune.

In fact, the writer offered Hellstrom \$500.00 for his secret, which he agreed to acquaint me with, before returning to Germany. His health was failing rapidly, and I think that when he returned to Germany for the last time, he KNEW he was going home to die.

But when Hellstrom brought to America and created such a sensation with, was not new. It was commonplace in Europe, and so OLD in America, that when presented with such cleverness and ballyhoo and in more advanced stages that its solution was OVERLOOKED by the keenest and best posted minds. In fact, the primary explanations of this work had appeared in many an old book, but even these solutions did not appear to offer the real key to this miracle man.

The stunts of Hellstrom were performed CRUDELY fifty years ago, and before his appearance in America! Hellstrom, with a newer twist and showmanship not only worked along the SAME OLD LINES, but his work was superior enough to convince others who knew of the 'muscle reading' stunts that they completely baffled by his performance.

I think in the years that I knew Axel Hellstrom, as he shall be known from now on, that he performed thousands of experiments. However, he always refused to allow the author to act as a subject, and this fact made me feel that trickery was employed, and that he feared that I might learn his secret. Trickery was only a stepping stone to his greater successes, as we shall learn.

Axel Hellstrom was a good mindreader, because he believed in his work; and was constantly 'reading minds'. He had a very definite idea of how he was to accomplish these miraculous feats, and he was always striving to improve his ability. First, last and always, he was a showman.

His psychology of mob of audience rule was perfect, though his broken speech was his greatest asset. You warmed to his speech. Difficult to follow at times as it was not always easy for him to express his thoughts in English, he commanded your attention, if for no other fact.

Witness a performance here of this Great German Mindreader. With a flare of trumpets and the crashing of cymbals, his manager would make the introductory remarks, explaining the appearance of a most extraordinary individual, one Axel Hellstrom, German Mindreader and Scientist. You are invited that this young man CAN AND WILL READ YOUR MIND a new and startling sensation! Volunteers and committees are selected from the audience, men and women of high standing, so there can be no question of coercion or fraud. Because of his inability to clearly and quickly instruct the volunteer subjects of the provisions of the experiments, the manager would usually explain the procedure.

"Ladies and Gentlemen: Axel Hellstrom, the world's greatest mind-reader!" Before you stands a young man, short in stature, about 140 pounds, black hair and an infectious smile! You are attracted to him at first. You do not experience any antagonism - any special front of skepticism, or well, if-you-are-so-smart, show me attitude. You are led to accept him on an equal basis. Your attitude is - you made your claims, OK, let's see what you can do about it.

Then starts a strange performance one that you can't possibly appreciate unless you are one of the subjects, and actually experience the uncanny sensation of having your own MIND READ - and knowing in your own consciousness that you, and you alone, possessed that thought. When you begin to realize that another has found the ability to pry into your MIND - and read it, then your sensation is something akin to an approach to a graveyard on a lonely night - your hair creeping on your scalp. Many people have confessed this sensation, and I, too, have known it.

You, my friend, are the subject. You are permitted to think of any mental command. You are not influenced. Your only restriction is that your command must have nothing to do with any object on Hellstrom or yourself. For instance, think to take your wife's pocket-book, and give it to the gentleman in the 16th row, third seat. Or to remove the neck-tie from the orchestra leader, and tie it around the saxophone player's instrument. Or, to remove one of the foot-light bulbs and place it in the RIGHT coat pocket of Mr. A. Or, think for Hellstrom to take any object (that is accessible) and give it to some one; put it in some definite location or perform some action with it.

You are not limited to the suggestions given you. They are mere illustrations to acquaint you with what is to follow. You have a free selection of THOUSANDS of different mental commands that you are at liberty to CONCEIVE AND RETAIN in your own mind. You need not tell another, and fear he may employ some trickery and communicate this information to Hellstrom. Oh, no - you and you alone decide upon the mental command, and retain it in your mind - that is, until Hellstrom performs it!

You understand Hellstrom, nor any other individual, can read your mind, unless you concentrate and help. However, if you think as clearly and definitely as possible, first of the location of the first action, then the object and what action is to follow; keep these thoughts paramount in your mind and follow the instructions of Hellstrom, he will lead you to the scene of the operation and perform your mental command.

Not only do you experience the unique sensation of having YOUR mind read, but others have the same opportunity. A variety of tests are offered, such as finding hidden or concealed articles. Suppose a pin is hidden. You place it where you want it concealed, while Hellstrom is off the stage, or in another room under a guard that is known to be legitimate.

Enters Hellstrom. He takes you by the wrist, and without a lot of fooling around, locates the hidden pin, whatever the object may be. These tests are repeated. Of course, in a theatre there is so much possibility of trickery, or of someone conveying this information to Hellstrom by signal or code that the performance is not appreciated.

Hellstrom was at his best in smaller groups of people. Clubs, banquets, newspaper offices, radio stations, universities under test conditions, on street corners, wherever a group of people gather. The appreciation of his work came only when you realized he employed NO confederates - no assistants - and no outside help. All that was necessary was for the subject to concentrate according to his instructions.

You could not fool Hellstrom by changing your mind from the original command, because he was a mindreader and would read the change. Any good exponent of Hellstromism can do likewise.

Hellstrom was not 100% correct, or should I say successful. There were many tests that he did not complete, and in each instance, the fault is with the subject, and not the operator. This, of course, will be explained later in detail.

A group of us are gathered in a hotel room. We learn that Hellstrom is stopping at the hotel. Let's have him in for a drink and a test. However, before he enters the room, you write the name of any person in the hotel (distance is no barrier) on a slip of paper, seal it in the envelope and never let it get out of your possession. There is one and only one copy, which you possess. Others in the room do not know the name or whereabouts of the person, as written on the paper.

Call in Hellstrom. Tell him you want him to deliver the sealed letter to the party whose name appears inside.

For the skeptic, seal the envelope between two boards, with adhesive

tape, solder it in a tin can - any way that thoroughly convinces you that Hellstrom does not, by any means of trickery, read the name! The operator does not know the name!

If you know the whereabouts of the party whose name is written, hand the envelope or container to Hellstrom, grasp him by the wrist, and prepare to very shortly come face to face with the owner of the name, for he will directly lead you to this person, and politely hand him the container, telling him that his name is written within the container.

These amazing feats are almost unlimited, and strange as it may seem, it does not matter as to the nature of the experiment, providing it is accessible to the operator, and has nothing to do with his person, or the person of the subject! These are definite restrictions.

I have endeavored to paint a word picture of Hellstrom and his uncanny experiments, and for a definite purpose. The explanation of his secret, though it was not his secret, will be easier.

At the outset, an explanation of how to duplicate the feats is a most difficult and hazardous task, simply because of the intangibility of the thing. It is a well known fact that we know less of our mind - its function and operations - than any other part of our body, yet it may be regarded as one of the most important parts of your body. My endeavor will not be a recourse on the mind, though that is the ONE thing with which we must contend. I simply want to convey to my readers the fact that my task is a very difficult one, and to ask some tolerance if understanding of the underlying principles are not first understandable.

A realization of what Hellstromism is, and what can be accomplished with it, will come not from the reading of these words, but from actual experience as a result of following these directions. Bear that in mind. It is very important.

To illustrate the difficulty in placing these instructions in mere words, may I impose a minute or two upon your time - and perhaps later, of several hours of your thoughts. Everyone, at some time or other, has some conscious thought DAWN upon them. This thought occurs with logical reason, or physical happening. You just knew

that such and such would happen. A familiar expression is, "I just felt it in my bones" "something told me" "I KNEW it!!" When you experience such an occurrence - when this knowledge of some future event, or fact, a past event, but not known to you by normal means, then attempt to verbally to a friend or place in writing JUST WHAT HAPPENED AT THE MOMENT THIS KNOWLEDGE CAME TO YOUR CONSCIOUSNESS! How did you know you didn't perceive this information, now was it caused by any of the five normal senses, sight, touch, smell, hearing or any speech.

YET, this consciousness has become apparent. Some people describe this as a sixth sense, or if you are to be a highly developed exponent of Hellstromism, you will frequently experience 'knowledge' from some source other than through the medium of the five normal senses. You will find yourself in the position of, well, just KNOWING what object is to be selected and oft times, what action is to be performed. However, these are the higher and more developed phases of Hellstromism, and their accomplishments must be developed, and in no other way, if it is to be acquired.

First let me say that everyone will not make a successful exponent of Hellstromism. The prime requisites is a HIGHLY DEVELOPED INTUITION, which carries our thoughts back to the above paragraph. However, I do sincerely believe that any normal minded person who studies these instructions and properly practices, will be able to duplicate many of the feats with success. The higher phases of the work will be accomplished by the minority, rather than the majority. It is only fair to say the practice of this work is inclined to create nervousness, as the operator must tense every nerve and be so mentally alert and keen.

However, in first learning, be content to play with the simpler experiments. As you are to read the subjects mind, it does not matter what the thoughts are, as long as logical, and in accordance with your general demands.

THE SUBJECT

Subjects of a sex opposite to the operator are best. I do not attempt to explain this phenomenon, nevertheless it remains a fact. This is not at all essential in learning or in actual practice. Especially if the operator be a male, a female subject is best. First, make up your mind that you are going to be a mindreader. To this point that sounds silly, as you thus far understand nothing of the

procedure, but you will later find that you must first believe YOU can read minds before you can convince OTHERS, or place their minds in a proper susceptible state!

Select a sincere subject. One that is willing to help you in your experiments and wants to see you succeed. Under no circumstances, experiment (at first) with smart people, know-it-alls, or subjects that have some preconceived idea of what you are trying to do. Such procedure will only retard your progress.

THE PREPARATION

Having selected a proper assistant, explain that you have found the true secret of real mindreading - that you can and will read his mind, if he will co-operate with you. Impress that you cannot read his mind unless he concentrates most strongly upon the thought. Under the proper circumstances, mindreading is a demonstrative possibility, and you propose to read his mind. If the subject is willing to submit to the experiment, and one you feel will really try to follow your directions, then you are ready to begin.

Having selected one you feel will prove a proper subject, you must PREPARE this subject if you are to meet with success. You must direct their mental thoughts into certain channels. You must impress upon your subject that you CAN and WILL read his mind if they co-operate. You must impress upon the subject that you CANNOT read his mind without proper co-operation. If the subject is willing to HELP you in the experiment and will do their best to follow your instructions, you may feel assured of a certain degree of success.

Your instructions to the subject are ALL-IMPORTANT. The subject must be properly posted as to the PHYSICAL and MENTAL procedure, lest your experiment prove a failure! If the subject is properly 'prepared' you have won half the battle. The subject's thoughts are not hard to interpret or read if he concentrates as directed.

First convince your subject that you are sincere, and demand the same sincerity from him. For the purpose of demonstration, request subject to think that you are to do some point within the room and pick up some (accessible) object and place it in some other location of the room. Explain that the object must not be on his person, nor on your person. Heavy objects that require physical strength are forbidden.

For the beginner, especially in early tests, not over a dozen logical objects should be in the room and widely separated. A table with 20 small objects on same would be most difficult and unfair to the beginner. If you wish you may make several suggestions, such as to turn off lights, turn on radio, pull down the window shade, and other SIMPLE tests. Avoid complicated tests until you become more proficient.

The room in which you conduct your experiments should be a large room, comparatively free of obstacles, i.e., chairs, furniture, etc., because the faster you can move from one place to another, the easier! Go to the far corner of the room, or better, stand in the doorway. Ask the subject if he is ready, and does he possess some mental command that you are to obey?

Bare the right wrist. Place subject at your right side, and request that he take a gentle but firm grasp on your right wrist, with his left hand. Request that a firm but CONSISTENT grip be maintained at all times. Caution against allowing the tension to vary.

The instructions in this and the following paragraphs are VERY IMPORTANT. With the subject standing at your side, holding the wrist, IMPRESS these conditions on his mind. That you are going to read the thought in his mind - that is, if he properly concentrates. If you FAIL, it will be because HE did NOT concentrate, and the failure will be charged up to him, and not yourself. He is somewhat in a spot, because he does not wish to see you fail, shoulder what responsibility might follow and display an apparent lack of ability on his part to concentrate in the presence of other spectators.

As you explain this to the subject, you lend a little movement to the hands. Talk forcefully. As you move your right arm, the grip may tend to lessen. Call this to the subject's attention and again request that he endeavor to maintain a firm and consistent grip. It is essential to your talk and actions that you create a STATE OF EXPECTANCY.

Patter like this: As I enter the room, FOLLOW ME. Of course, I assume the experiment is to be conducted in this room. (Subject may say 'yes', but caution him not to speak aloud - ONLY THINK, unless you request a verbal answer). Now, as we enter the room, (you remain standing) you are FIRST to think of the location of the object or action. THINK to which part of the room we go.

If the object is to our right, THINK TURN RIGHT. (At this point, you move your right hand to the right, indicating that direction) or if we are to turn to the left, THINK TURN LEFT (indicated by gesticulating with the left hand). When we come to the proper location, THINK STOP. (You now draw up your hands, fists clasped tightly, in a manner similar to pulling in the reins of a horse.) When we are in the proper area, say to yourself - THAT'S RIGHT - now, bend over, and take the object. (Force down with the hands). BUT, should I take the wrong object, say to yourself NO - NO - that's wrong - put it back (Indicate action with hands.) Do you understand? (You are still talking with hands). When I find the selected article, say YES YES that's right, now turn to your right or left, whichever the case may be (demonstrate) and when I have come to the proper location the second time, just repeat over and over again in your mind, the command. Concentrate, step by step. And WHEREVER I go, right or wrong, YOU FOLLOW ME! But concentrate. Are you ready? (Snap the fingers and appear fidgety and nervous. You are like a race horse at the barrier - you want to be off - the strain is great.)

"LET'S GO". At this junction, you will find most good subjects starting to walk directly toward the object, but I find it best to slightly arise forward on your toes, a trifle off balance. From this point, subject starts and immediately indicates the definite course to be followed.

Remember, you have impressed the subject that he is to FOLLOW YOU. What actually happens is that the subject LEADS you to the selected article. However, you walk slightly in front of the subject, being guided by the hand on wrist, but to all APPEARANCES you are leading the subject. It is necessary that you keep the subject close to your side at all times. If you find it necessary to crowd between two chairs or other obstacles, DRAG your subject right at your side. If necessary, verbally inform him not to leave your side for an instant, or break the contact.

You may 'egg' the subject along into faster action by appearing most nervous and saying "Quick - concentrate - that's right, let's hurry." Reaction will be experienced if the subject is 'slow'.

Having fully 'prepared' your subject in order that he knows his part of the experiment, you follow the subject to the vicinity mentally selected, and your hand will be directed to the selected item. Once you touch it, you will know you have the correct piece, as the subject will tend to pull up your wrist and turn you in another direction if the object is to be placed elsewhere. If that concluded the

test, subject will release your wrist.

In short, you practice muscle reading, which strictly speaking, is not muscle reading, as it has nothing to do with the muscles. Many people think the subject lends some clue by the manner in which he holds your wrist - a sort of hot and cold proposition - but such is not the case, and can later be proven. This experiment is such a primary form of mindreading, the subject so intently concentrating on the performance of the mental command that they ACTUALLY LEAD you through the performance, totally unconscious of the fact.

Some times the leading is so pronounced that you swear the person is DELIBERATELY taking you there just to help you - but hold your peace! Such is not the case with sincere subjects. Occasionally a practical joker will try something like this and your only recourse is to dispose of him, unless he is willing to obey your instructions.

This unconscious direction or leading by the subject is identical to the operation of a ouiji board, whereas the operators really push the small table around the board, spelling out their own subconscious thoughts, entirely UNAWARE of this physical exertion.

However, if the subject is properly 'prepared' and sincere you are almost assured of success. With a good operator failure will occur, but 99 times out of 100, the fault is with the subject, and not the operator. It is either a case of lack of proper knowledge as to how to co-operate or a deliberate attempt to defeat your test.

Not all people make good subjects. In fact, many are so flighty, or frightened by the prospect of having some of their thoughts publicly revealed, their thoughts turn to fright and disclosure, rather than the experiment at hand. Experiments are impossible unless the mind is properly co-ordinated.

It is suggested that you repeat this first experiment many times, though of course using different objects and tests. Keep your tests easy and simple at first. Repetitions will make you more successful and add speed to your accomplishments.

FOR THE BEGINNER, THE FINDING OF HIDDEN ARTICLES IS A MOST PRACTICAL MEANS OF DEVELOPMENT. HERE YOUR FIELD OF POSSIBILITY IS RESTRICTED.

YOU KNOW YOUR PURPOSE IS TO DO ONLY ONE THING - FIND THE CONCEALED ARTICLE. Let the most complicated test come later, because you will need an understanding of the work from actual practice, as well as reading the instructions in print.

Oft times you will get a subject that does 'not start well'. Pull them around the room, explaining the procedure, then suddenly do an abrupt about-face, whirling them with you. And the remark - "NO No ... You are not concentrating - think FIRST WHERE we should go." If after an attempt or two, the subject does not appear to grasp the idea and you experience a small degree of success - get another subject.

It does not matter if your subject tries to fool you, as long as he is sincere. You must claim that you can read his mental commands, just as they pass through his mind.

For instance, the original command could change, right in the middle of an action, and a new one substituted, and the real exponent of Hellstromism will CHANGE the test, and ACTUALLY follow the thoughts in the mind, as THEY ARE MENTALLY EXECUTED. However, on the other hand, if the subject should allow his mind to wander away from the experiment at hand, and start thinking about a theatre he attended last night or any irrelevant occurrence, you are LOST and even though the fault is with your projector (subject) and not YOURSELF, and even though the experiment fails because of this, usually the subject will be honest enough to admit at the very point where you failed, he allowed his mind to wander from the experiment! That in itself is a remarkable test, and proves beyond conclusive argument that the mind is capable of being read, if under proper circumstances.

It should be made clear to the operator and subject alike that if they are thinking that you remove a gentleman's vest, it would FIRST be necessary for them to mentally direct you to the proper gentleman - and as you work, the coat would be an obstacle to the vest. As you are without MENTALITY, you cannot think to remove the coat first, and consequently the vest is NOT ACCESSIBLE. However, if such a test is performed, subject MUST think to REMOVE THE COAT FIRST (which is a logical step in removing the vest), and then to think to remove the vest - by unfastening the buttons, etc.

The same is true of selected objects that are beyond reach, behind obstacles. It is necessary that subjects first think to remove these obstacles, or provide means of ACCESSIBILITY to the selected item. Your divination of the THOUGHT must come step by step, and must

naturally be concentrated in like manner. If your subject were to think - go across the room and take a cigarette and throw it on the floor - you would be stumped - the subject thinks first in terms of directions (though this is not apparent to them) as to where the object reposes, and what shall be done with it.

As you progress with your experiments, and try more difficult ones, you will find this work easy, and lots of fun. You will surprise yourself by 'knowing' what to do with the objects many times before you experience the physical guidance, and in such cases, you are developing real "Hellstromism".

With many beginners, as you approach a desk or table, you will sense that you are in the right location. You will KNOW THIS because you are unconsciously led there and you will know this by HELLSTROMISM. This conclusion will not be reached by argument, logical or physical aids. You will just KNOW it.

The writer has found the greatest success to be attained if the operator will perform the greatest part of the experiment with eyes CLOSED. Vision is not essential, other than to keep your bearings. This is especially true at the very beginning of the test. You are like a BLIND MAN - you know not where to go - and this is literally true. You can't perceive chairs, tables, PROBABLE OBJECTS in your path, which might cause you to speculate which way to turn, etc. Open the eyes at frequent intervals merely to turn and get your position. Or, catch just enough vision between almost closed eyelids to watch your feet. Try to adopt a state such as being awakened from a sound sleep, walking but trying to retain a state of sleep with only enough consciousness to keep physical posture.

I find it effective to hold left hand to my head - as though under great mental stress, partly shielding my eyes. The fact that your eyes are closed is very impressive on the spectator's and your guide.

THE OPERATOR

Rightfully speaking, you have been given instructions in your first TEN lessons. You have been informed as to the primary instructions in contact mindreading. You have been instructed how to achieve the correct mental attitude on the part of the subject - and then, how to read his reactions. What is essential at this stage of the study is a repetition of these experiments.

Once you conclude a successful test with a subject, it will be much easier, to perform a second one, because they understand the necessary MENTAL PROCESS for success. They have been PREPARED. Further, if you are working to a group of people, and conclude a successful test, and change subjects, the second attempt will likewise be easier. (As a rule) Because the second subject believes in your ability, and has absorbed some of the 'preparation' of the first subject. However, prepare them as you did the first, by explaining the directions while holding your hand, etc.

Never undertake to use a subject that has been drinking any quantity of liquor, because of his inability to concentrate. Strange, however, Hellstrom was at his best while under the influence of liquor, and the writer herewith admits some of his most sensational tests were performed in a similar state however, this must not be misconstrued as a recommendation for a liquid diet before the tests can be performed, but merely given as general information. A person, however, with too much to drink could neither act as subject or operator with any degree of success.

Keep up your experiments with the same subject, and slowly take on new subjects. Go through the whole procedure each time. Then you can permit more difficult tests. You will have failures, yes, as even do the best, as explained.

It is essential at this time that I explain what NOT to do as well as what to do. After you have prepared your subject, dismiss every thought from your mind. DO NOT, under any circumstances, try to figure out by logic and reasoning, what THEY MIGHT have selected. Don't try to guess or reason - if you do, you are lost! The mind must be kept a blank and you depend entirely on the guidance of the subject's left wrist and intuition.

If you attempt to reason or guess, you are simply conducting a very foolish guessing contest, where the subject's odds are 1000 to your

one! With beginners, I know the thought will flash through their mind, "Well, what do you suppose they selected?" Never concern yourself as to the selected object or the command that is to be performed. Take each phase of the experiment STEP BY STEP - and do not try to guess what the conclusion of the test will be. The guessing or 'knowledge' either will or will not develop later, depending on the individual.

DO NOT try to guess or reason the experiment in advance. However, as you become more proficient, and endeavor to undertake a larger range of mental commands, a certain amount of reason or guess work is essential, unless you are fortunate enough to be able to 'perceive' these thoughts by intuition. More on the subject later.

Having closed your eyes, you are not so inclined to be mentally distracted. If you could shut your hearing off, this might prove an aid in some cases. However, on the other hand, where a group of people know the test to be performed, you can almost tell if you are 'hot or cold' by the almost inaudible sounds that emanate from them. Sometimes, much guidance is obtained by sound created by the breathing, so the operator should not concern himself about these situations. Keep the mind in a perfectly passive state, and if this can be successfully accomplished over a series of many experiments, the operator will become so proficient as to be able to 'perceive' these thoughts, and not through physical contact.

It is, however, first necessary to become a GOOD contact mind-reader. As I told you before, this will be accomplished not through an understanding of the reading of these words, but by placing these instructions into actual practice.

At this junction, it is hoped by the writer that you have not placed this book aside to try one of the experiments from the knowledge that you have thus far gained. It is true that if you have tried experiments that you should meet with success, but the more you read, the greater will be your understanding.

Therefore, I try to impress upon your mind the necessity of FIRST a clear understanding of the basic principles, SECOND, the necessity of practice and repetition of these principles, and THEN may come the unfoldment of the higher principles of a developed intuition or sixth sense.

After having acquainted with all the available information as to

the basic principles and higher principles, my task will be finished. It remains with you if you are to be a mediocre success or a sensation. Further, it is within your own province as to whether you were born with sufficient intuition or ability to develop this intuition or ability to be a true sensation in this work.

A STRANGE INTERLUDE

The writer has been a successful exponent of Hellstromism for six years, and in that span of time, has concluded thousands of highly successful experiments. Failures have been prevalent, but I feel that I am one of the most successful operators of this work today (there are only a few), and my experiments have been seriously carried far beyond the explanation I set forth here. Not in a spirit of egotism, but as general information and my ability to set forth these instructions and data, I do feel, point for point, that my work was equal if not superior to that of my late and esteemed friend, Axel Hellstrom.

Had Hellstrom lived a longer span of life, I am sure he would have given us much food for thought. While my experiments have been in no way directly related to his work, I have been fortunate enough that I could carry on.

I am firmly convinced that there is such a thing as 'genuine mind-reading' and that Hellstrom practiced it many times, and I know I have genuinely accomplished it many times; I am further of the belief that this work, starting with muscle reading and developing it, will some day reveal the possibility of mindreading in a greater scope, or what we may describe as mental telepathy over great distances and between many people.

I do sincerely believe that harmonious conditions can be set up between two minds and a perfect understanding transpire, though no physical contact takes place. Frequently we find such existing between man and wife, (who are sincerely in love with one another over a long period of years). "They seem to understand each other", people remark. These cases actually exist and cannot be debated though the transmission of thoughts between these minds cannot be controlled.

Years ago, before I knew that such a man as Axel Hellstrom existed, or was familiar with muscle or contact mindreading, I had a serious turn of mind, and expressed such thoughts as I have just written.

With the aid of my brother, I confessed my belief that there was a possibility that two minds, IF properly attuned, could project and receive thoughts. It seems foolish, especially to us, as we were magically inclined almost from infancy, and possessed a wide store of knowledge of the fraudulent side of mindreading and allied pseudo arts.

Nevertheless, nothing ventured, nothing gained. At the time, both shared a large bedroom, with an adjoining sleeping porch. An open door separated the two rooms. At the quiet of night, my brother Lawrence (Alla Rageh, today) would lie in his bed, and I in mine. He would attempt to concentrate his mind as intently as he knew how on some particular make of automobile - to visualize it - and to project that thought across the room to me. In turn I would endeavor to allow my mind to become blank and passive. Many, many makes of cars would come to my mind and then I would find myself debating which one he would select - trying to outguess him - and that was not our purpose, to fool one another - we were honestly trying a serious experiment, in which both shared a partial belief. Again, I would cause my mind to become blank. A Chevrolet car sprang into my mental vision in the darkened room, and I spoke the word "Chevrolet". The moment I said the word, a strange chill ran from the roots of my hair to the other end of my spine! My brother said he experienced a similar sensation, because I had GUESSED what car he was trying to project to me!

Coincidence! Yes, that is what we thought! We tried it again and again, and with an excellent degree of success. OUR AVERAGE OF CORRECT GUESSES WAS FAR BEYOND THE AVERAGE OF COINCIDENCE. These experiments we continued over a period of several months, not only with makes of automobiles but with flowers, miscellaneous objects, words and thoughts.

So convinced were we that we had actually divined the secret of true mindreading that we planned to commercialize it after further development occurred Our progress then slackened, not through the fact that we created many important errors, but our health began to be affected was it that we were tampering with something not meant for mortal man? A short time later, I confessed our experiments to a world famous psychiatrist, who warned against their continuance and suggested a rest! My brother shortly thereafter went away to school.

This experience, though years ago, remains burned vividly in my mind. It convinced me of possibilities that I realize in this more modern age will be scoffed at and ridiculed.

Hellstromism brought much of this back to me, and in the two cases, I realized a similarity. Hellstrom possessed similar ideas, he confessed to me before his death, and I do sincerely believe that one of these thoughts would be in practice were he living today ... he proposed to have a large stage drop with a hundred objects on same, and allow any subject to come from the audience, select one, and merely by touching the subject, name the selected object! I feel that I too, in time, could duplicate such a feat, but will not!! Will explain later.

HELLSTROMISM CONTINUED

I wish to describe and interpret the higher phases of Hellstromism as being a faculty, added or developed sixth sense. This will be developed in a few, and only through continual practice. It will grow upon you with each succeeding experiment, if you are so fortunate to possess these possibilities.

In some cases, you will find it possible to KNOW the test before the subject has indicated that he 'has made up his mind'. This has occurred to the writer in several occasions - the possession of a knowledge of the test to be performed, this knowledge coming to me while I was waiting for the subject to tell me to start! I have never been able to control or pre-determine when such an occurrence would happen. Approaching some object, I would instinctively know that it was the mentally selected object, pick it up and complete the test, leaving the subject standing in the middle of the room! Such tests are tremendous sensations. They are natural 'breaks' and therefore should be capitalized upon for their value. If you find a good subject, make full use of them. For entertainment purposes in a crowd, perform only a few tests. Those most eager to act as subjects, who are sincere, usually make the best subjects. To further place the burden or fault, in advance, in case of failure will cause the sincere subject, and especially one slightly embarrassed by their prominent part in the experiment, help you unconsciously just that much more.

There are many factors to consider. Once you get off an exceptionally good test or two, stop! With a good average don't continue to do more experiments, with the possibility of a failure through some poor subject.

You must be a showman to get the most out of any performance, and this is likewise true of Hellstromism. Always remember that you are playing a role similar to a magician - that you must out-think

and out-smart your audience, and therein depends your success.

In your experiments, you will find yourself standing in front of a single object, say an electric light switch. You have been directed there, know you are in the correct location. Reason may enter your mind and tell you that you are to switch on the lights. This you do, and to your amazement, you are correct. It now resolves itself into the debate of whether you arrived at this conclusion as a result of reason or logic, or if you received some thought impulse that causes you to 'know'.

In such cases as this, release your wrist from subject's hand, and without physical contact, perform the action. If you are wrong, you are wrong. However, as you approach the subject, you may sense that you are wrong, whereas you become the showman - rub your wrist with your left hand as if to restore better circulation - and start again with the subject.

After you learn to be a proficient contact mindreader - to prepare the subject so that they will properly react, to ascertain their directions and anticipate their mental commands, you may then consider the next step of what I term Hellstromism.

HIGHER PHASES

Mindreading through the medium of physical objects, and not personal contact. I have an excellent success in allowing subject to hold my pen-knife - on the end of my watch chain. In turn, I hold the watch, and after having instructed subject, I place the watch to my ear, explaining I am listening to the subject's thoughts - in the same manner I would listen to a telephone conversation. This is effective.

The period of concentration begins I move forward, starting the subject, who will trail around with you, and lead you to the proper place. I usually leave the watch chain slack, except for two or three attempts, which I cause to be taut, to make sure of myself. With an experienced subject, they will lead you to the desired location, the same as holding your wrist. Needless to say, this is more complicated than where physical contact is employed. I find the proper area, and release the watch. By keeping my eye on it (unknown to subject) I can almost tell when I am doing the mental command. If success does not tell when I am doing the mental command, I hold the watch a second, pulling it ever so slightly,

one way or the other to get my direction. From that point, I either wait for some flash as to the procedure, and if it is not forthcoming, I think 'feel out the experiments by the contact reading method'.

Experiments may also be performed holding on to a pencil or any rigid object, the guidance being more definite. If this phase of the work is to be considered, I recommend a watch chain and a pen-knife. Or a handkerchief, or even string. I have found it possible in many cases, where a good subject has been developed, to allow the subject to walk beside or behind me. By glancing down at his feet and the manner in which he walks, turns, hesitates just what his reactions are, I cannot definitely explain, as they are very intangible, but experimentation will reveal. You will notice certain directional features and from then on, you must read - but not try to outguess - the subject's purpose.

I have on five occasions been able to actually divine the thoughts in a spectator's mind - while fully five feet from them - and through no contact whatsoever, the party never even getting out of the chair. I received (to the best of my knowledge) no directional information through my five normal senses that would have acquainted me with the test. I cannot explain HOW I KNEW these tests any more than I can explain the physical properties of the Moon, yet I know these tests are accomplished facts, and the Moon, well, we're aware of its presence!

I cannot tell you HOW YOU CAN DUPLICATE these feats, because I do not know from whence the information comes. I believe it is a telepathic flash from the subject's mind to my mind. I did not plan any of these five experiments in this manner, but had intended to perform them in any usual manner. Consciousness of what the test was, came into my mind, and thinking for some reason that I was right, I TOOK A LONG SHOT, and in a joking way (an out) declared myself! Truly it was a sensation. If I had been wrong I would have said to my subject - "OK, come on, let's see if we can read your mind now hold my wrist, etc." With this perfect test concluded, I did not attempt others. I had performed, so to speak, a miracle, and I did not want to run any risk of decreasing my instantly acquired reputation.

In doing these tests, I firmly believe that many will develop an INTUITION that will permit duplication of these tests. Often it will DAWN upon the operator what action is to be performed here or there. Only yesterday, I demonstrated Hellstromism to a prospective client, who thought for me to cross the room, and pick out one of

the three hats, recross the room and place the hat on my desk. This I immediately did, and as I approached the desk (I glanced through my closed eyelids and saw that my desk was the obstacle in front of me.) I knew instantly to DROP that hat on the desk. The test was performed 100% correct. I KNEW to place it there! But on the other hand, my subject could have thought to place the hat UPSIDE DOWN, on its side, in the drawer, place it on the desk and set a pencil on it, or what not, yet my intuition told me that I was correct! Firmly believing that I had been properly informed, I followed my intuition.

To those not so fortunate to develop such a phase as this, your work will be slower and you will work more on an elimination basis. However, in Hellstromism you are content to work and think in directions, and not objects. Your subject does not take you all around the room on a hit and miss basis, but to the locality in which the first action is to be performed.

You reach this locality, and confronting you are many, many objects. Your hand is led there by physical guidance on the part of the subject, or by your intuition. Pick up the object you feel is the correct one. If you get the wrong one - instantly you can tell you have the wrong one - if the subject follows your instructions. You know to set it down - your hand is forced downward. Pay no attention to the tension on your wrist - whether it lessens or tightens. Be content to pick many objects up and replace them before you get the right object. In such cases, it is because your subject is not strictly conforming to your instructions, and at this junction, it is necessary to say "THINK - THINK AS INTENTLY AS YOU CAN ... think where it is - what object you want - HURRY". Get nervous, excited, which tends to create excitement in the subject, and aids in the successful performance of the test.

Before, I told you not to try to surmise or guess the test to be performed. Let it be unfolded, step by step. However, logic, reason and guess work play an important part, and that is what fooled the old followers of muscle reading. They could easily understand how Hellstrom might be directed to some object, but they were stumped when they saw him perform the mental commands.

So many various actions can be performed with most any object. If you are led to a hat, and then directed to in front of a young lady, your reason will almost tell you that you are to give the hat to the lady or place it on her head. As you approach a radio, you are probably to turn it off (if playing) or vice versa .. or to set the dial at some figure. Common sense tells you that only a few actions

are possible.

You may find it necessary to go from one to another, but you will know when you are right or wrong, depending on your intuition, or the muscular reaction of the subject. BUT don't stop and reason until you find no further guidance. It is granted that a person holding your wrist could hardly tell you to turn a vase upside down. But you realize when you have the vase that it is correct, you know that something must be performed with same in THAT vicinity (unless led away). If you do not get a flash of what is wanted, experiment by a process of elimination. Appear to set it on its side - if you are doing wrong - need not complete the experiment in that direction - and make a partial miss. You will be directed.

If a person thinks for you to approach a clock and set the hands at 8 o'clock, you know by guidance when you have the correct object, the clock. If it is not to be taken from its place, some action there must occur. The hands may be set, the alarm set-off, or anything, but as you handle and experiment with the possibilities, guidance comes and the test is usually completed most successfully.

Only when you are stuck - call upon your mentality, OR what is an equally good plan - JOG up your subject to get him thinking - so you can get his reactions. Understand your plan is not to play a game of elimination, or 'hot or cold'. Definite objectives are indicated by the good subject, and it is up to you to capitalize on this circumstance.

The average subject or group that decides the mental command, usually select simple tests. If you are led to a gentleman seated in a chair, you may be almost assured that you are to remove his glasses, handkerchief, watch, pencil or some easily accessible object. If your impulse takes you to his feet, it is almost foregone conclusion the shoe is to be removed. Experimentation will tell you what to do, and guidance hands tell you right or wrong.

Real difficult tests are naturally difficult to perform. Tests involving several actions are likewise complicated. If the mental command is for you to select a certain book, that is easy - THEN to place the book face down on a desk, and place Mr. Jones' hat on top of same, THEN set a cocktail glass in the hat, you in reality have three separate tests. Having placed the book on the desk, you know the test is not complete, because you have instructed your subject to speak aloud at the end of the test and release your

wrist. Further, this is not really necessary, because when you do successfully complete a test, your subject is too surprised they will invariably release your wrist and exclaim aloud their surprise.

Tests such as to select a certain book, open to a specific page and mark a circle around a selected word, as possible - but quite difficult. Such tests can be eliminated by the performer, calling for more simple tests, though offering a selection of a thousand and one things that may be mentally selected. On such tests of this kind, you may restrict them, stating that it involves action of your own person, which you explained was outlawed.

Understand that you cannot perform any action, On or WITH your subject or yourself. That is to be definitely understood BEFORE the experiment is commenced. No alibi is required later, if the subject is confused and does not abide with these instructions.

My only instructions for developing the higher phases of Hellstromism is to continue these experiments, the simpler ones first, then into the watch-chain or handkerchief contact and occasionally take a long shot. Practice alone will enable some to acquire the ability to 'read minds without contact'. Further instruction is useless.

Hellstromism, as we consider it, is based upon directional tendencies, and not upon divining thoughts in mind. It is a mental process and you must be conducted step by step. It will not enable you to tell the playing card a subject is thinking of, but it will enable you to find the correct card. Cards may be placed in a circle, and you will be directed to it, OR you can deal the cards down on a table, and when you come to the right one, you feel the impulse that will inform you.

Hellstromism, strictly speaking, will not enable you to tell a person's name, or read the question in their mind. Names could be placed on signs and you could pick the proper sign, thus revealing the same. However, its purpose is to demonstrate the possibility of mental telepathy or to obey the mental commands of others, and not as a fortune telling stunt.

I do feel that its development may lead to a point where various thoughts from the minds of others can be interpreted, such as the experiments I mentioned by the writer and my brother several years

ago. We discontinued our further research because I felt that a too continual presentation and thought on this subject is a tremendous burden for the mind and particularly the nervous system.

The practice of Hellstromism, especially in its more complicated forms, creates nervousness. The deeper your experiments, the more this will become apparent. Therefore you are fore-warned, as a result of my own experiences and others, that nervous disorders might follow a too strenuous campaign.

Hellstrom made his living doing this work, and as I said before, he could perceive the action through intuition. He performed many tests daily for years. He was extremely nervous. He liked his schnapps! One created the other. I do feel his death was hastened by an over excited nervous system, brought about by the constant demands of his work.

IN CONCLUSION

In conclusion, let us again attempt to define the coined word Hellstromism. It is the development and practice of employing the mind to intercept and receive certain thought vibrations as projected by another subject, en rapport, either through physical contact, or no contact what-so-ever.

It is the author's sincere hope that I have been able to intelligently convey the meaning and how to develop this strange power - a subject of which we know so little as to make its understanding difficult to express in print.

When, and if you do, acquire the HIGHER secrets of Hellstromism - the perception of the thoughts of others through the means other than your five normal senses - you will know you have attained your goal - yet you will experience the same difficulty in expressing the sensation to others, as I have found in this task.

I feel any conscientious student of this book should be able to find hidden or concealed articles. I feel most of my readers will be able to perform a great many of these tests with true success, yet I cannot assure one reader that he will acquire a sense of intuition that will make him an outstanding exponent of Hellstromism in its higher phases. I have told you quite simply how I acquired this faculty, and how you may go about it, to do likewise.

The performance of these feats are extremely sensational, and certainly worthy of any effort expended in their behalf. Go forth, then, with these basic principles and acquire the true art of HELL-STROMISM.

SUGGESTED ROUTINE FOR PUBLIC EXHIBITIONS

For public exhibitions from the stage or platform, the introductory lecture should first be given. Next the subject should be selected by inviting a committee upon the stage. To prevent the thought of trickery or pre-arrangement the audience should be permitted to select the committee. Which should be composed of men and women of prominence. It is difficult sometimes to get people of this caliber to voluntarily offer their services, so it is suggested the manager of the theatre make a note of the names of several prominent people in attendance, and you specifically call for them, after getting the audience's approval.

You prepare your subject, explaining the nature of your work, and a test is arranged by the committee. It is suggested in such exhibitions that the first test is to find a concealed article. A pin is usually hidden some place on the stage, or person of the committee. This action is performed while the operator is in another room under guard of part of the committee. After you successfully complete this test, you are ready for the more complicated tests.

One member of the audience or committee is requested to write the name of some member of the committee or audience on a slip of paper, and seal it in an envelope. The operator then leads the committee-man to the person whose name is in the envelope and delivers same.

The next two or three tests should be a demonstration of the operator's ability to read the mental commands of various subjects. As you progress and get a good subject, try the watch-chain or handkerchief method.

If you are quite proficient and conditions are good, then try one experiment with non-contact. At all times, you must caution the audience to remain quiet, and refrain from making unnecessary noises or disturbances, as the performer must not allow outside influences to prey upon his mind.

A similar routine may be followed for clubs, banquets and other

gatherings, and arranged at the discretion of the performer.

An interesting demonstration can be arranged, the performer to play the part of a scientific criminologist and solve an enacted murder. Directions are given the committee. Performer is then placed under guard, so that the information cannot be passed on to him.

Among the committee, they decide that Mr. A is to enact the part of the murderer. Another is selected to be the victim. Mr. A then approaches the victim, and goes through the action of stabbing him until dead. Each member of the committee then are seated in a circle, and enters performer.

Any witness or committeeman other than the two participants in the little drama may act as subject. Performer takes subject by the wrist, after explaining that they are first to think who was the victim, and you then find the victim. Next, you are to find the killer, and you do, dramatically declaring Mr. A as the murderer, and you place him under arrest, thereby solving the crime by mental telepathy.

Various actions can be employed and other characters involved, such as policemen who discovered the body, a lawyer who represents the deceased person, etc.

Other actions and playlets are enacted out and solved by the performer. This field opens a most unusual form of entertainment, and is especially effective among smaller groups of people, where they know there is no possibility of trickery, or a secret assistant.

LECTURE

"Ladies and Gentlemen: It is my unique pleasure of presenting a series of experiments in genuine mental telepathy - a demonstration such as you have never before witnessed. I maintain that I can read the mind of any normal person, if this person will co-operate and aid me by intently concentrating his mind on some one subject. I will definitely prove my claim by an actual demonstration of these powers.

For the purpose of the demonstration, I want several persons of serious mind, men and women who would like to have the experience, the very unusual sensation, of HAVING THEIR MIND READ. I assure you that I will not embarrass you, and that my work will be carried out in a highly scientific manner."

(Get committee or subject, and then 'prepare' subject as described previously in the book, and employ along the same lines. This constitutes part of your lecture, as you not only acquaint the subject, talking directly to them, but to your entire audience, and in turn, they understand the purpose of your experiment.

For smaller groups, etc., a more informal introduction should be made.

Herein I give you the fruits of many years of experimentation and research in this field by the writer; an abundance of extremely valuable data made possible by the late Axel Hellstrom, and by my good Friend, Ottkar Fischer, of Wein, Austria, a student and authority on this work.

This is the first complete and authoritative book written upon the subject and needless to say, only the primary stages of the possibilities of mental telepathy and its future development have been touched upon. Time itself will reveal and unfold many of the remaining mysteries.

A handwritten signature in cursive script, appearing to read "Raulson".

~~Not genuine~~ without this signature.

Any book, manuscript, or circular bearing the name of Hellstromism, and NOT the signature of the author, is NOT a true copy, but an infringement on the legally owned copyright of the publishers.

FINIS

LATER DAY EXPERIMENTS

IN

HELLSTROMISM

Six years ago I wrote and published the book "Hellstromism" and at that time, I was well aware of the fact that there was much more to be said on the subject. I felt that the next few years would throw much light and explanation on this strange subject.

And the last six years have offered many a revelation, for during that time, I have carefully catalogued my experiments, my reactions, my thoughts and my analysis.

My later day experiments, supplemented by constant experimentation with Hellstromism for six years previous to writing the book, have given me a wealth of material for reflection.

My conclusions have not been altered, but verified. For years, I have honestly believed that Hellstromism was the development of an intuition or sixth sense, and that constant practice and patience would be rewarded, by a sharpening of these faculties. To this conclusion, I hold steadfast today. I have proven it to my own personal satisfaction, and to others.

Somewhere in the future, I believe, a few people will develop the power of intuition to a marked degree. I do not speak of 'command performances' of the sixth sense or theatrical demonstrations, or for personal use. However, the sharpening of the intuition makes it more conclusive and valuable to the possessor.

In a series of experiments, conducted by myself and a few of my exponents, we have definitely proven beyond any mere coincidence hit or miss average that it is possible to divine the thoughts of another - under the proper circumstances - that it is possible to project thoughts and commands to others - by mental telepathy or whatever terms you may choose to use.

Good Hellstromism operators invariably 'sense' the latter half of the experiment, break contact and complete the routine with perfect assurance and correct knowledge. In some cases, contact is made - instantly broken and the full command obeyed with the subject seated in a chair, merely acting as an onlooker.

These cases are rare, that is quite true, and cannot be anticipated, yet they have occurred on a number of occasions.

Experiments have been conducted - and some subjects are much more favorable than others - where the letters of the alphabet have merely been thought of - and picked out by the performer, with and without contact.

Of late, I have spent a great deal of time, seated in a hotel lobby, street car, or among people - gazing at their backs and mentally commanding them to 'turn around ' 'TURN AROUND'. In many cases, I was successful, and they would turn around - looking at me with a curious stare, as if to say "What do you want?" - "I don't know you."

No doubt, you, dear reader, have often tried this, and succeeded. At the moment, it afforded amusement and pastime, but did you ever stop to realize the latent force within you that could reach out through space - mentally tap a perfect stranger on the shoulder, and tell him to note your attention???????

There is a force dormant within us - that has the power to do!

Among your own friends - in the comfort and security of your own home - try these experiments. Where there is harmony and understanding - the results will be better. Between the opposite sex, strangely enough, a higher percentage of results will be attained.

Try this 'Mental Concentration' - direct it towards one of your acquaintances or family - think as hard and intently as you can - command them forcefully to 'turn around'.

It has proven possible -- a few instances -- to command mentally the subject upon whom your concentrated thought rays are directed to perform some specific act - such as to get a drink of water - play the piano, get out a chair, sit down in a chair, etc.

These have been my later day experiments in Hellstromism!

Study and analyzation have been expended upon them - with the result that I am convinced again of the existence / and use of a latent inner force that may be projected to influence / and act upon the minds of others.

I am further convinced that when two individuals recognize such a

force - encourage and cultivate it - that a rare inner understanding will crop up between them. An understanding without a spoken word.

But what has all this to do with Hellstromism - and why these thoughts in this book?

Simply this - Hellstromism is an adoption and use of a sixth sense - and when cultivated, I sincerely believe will open a great gateway to clearer understanding - sincerity and a more productive life.

A few of my four hundred students will cherish these thoughts - others will scoff at them as the ravings of a mad man. Associated as I have been with the 'pseudo-mental profession' for the past 20 years, many will find it difficult to accept my utterances with a grain of sincerity - and yet it was this same critical attitude that kept me from the true secret of Hellstromism.

Only when, and in desperation as to learn how to do these wonderful tests - did I resolve then to play 'chump' and try it from a fair, and unbiased and legitimate standpoint - did the revelations of Hellstromism come to me - so enveloped and intrigued me that I am compelled to voice these after-thoughts here, in the realization that a few will understand and profit by them.

Robert A. Nelson

April 15, 1941